

Dr. Charity Kayembe's
DAESI Strategy Dream Worksheet

Dream – Summary (*Reader's Digest* version) of the dream.

Action – In the dream, what was I doing? (Running from something? Ministering? Fighting?) That is the key action.

Emotion – In the dream, how was I feeling? (Excited? Disappointed? Loved?) That is the key emotion.

Setting – In waking life, what issues is my heart processing? (What did I do that day? What was I thinking about when I went to bed and praying for as I fell asleep?) That is the setting.

Interpretation – We match up the dream's action and emotion with similar actions and emotions in our waking life which show us what area of our life the dream is speaking to, and we journal out God's message to us through the dream.

Dream:

Action:

Emotion:

Setting (including date):

Interpretation:
